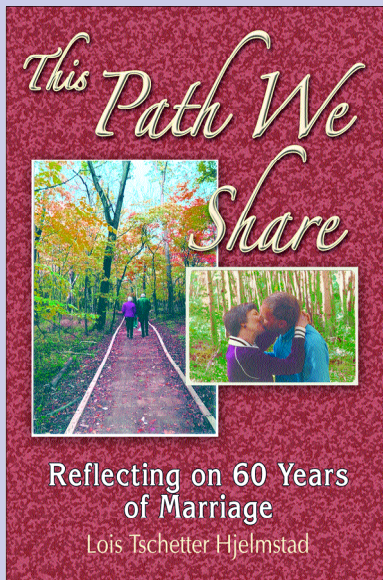


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**This Path We Share  
Reflecting on 60 Years  
of Marriage**

by Lois Tschetter Hjelmstad  
276 pages • 5.5 x 8.5 • Index  
ISBN: 978-0-9637139-6-4  
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**Praise for Fine Black Lines**

by Lois Tschetter Hjelmstad

Readers will find inspiration in [the author's] documentation of personal growth, from the shock of diagnosis to acceptance and appreciation of each new day.

~ *Library Journal*

In a time when bookstore shelves are overflowing with the personal accounts of people's battles against disease — especially cancer — Hjelmstad's work stands out like a shining star. It is compelling reading ...somehow mesmerizing. The author's style is spare and elegant.

~ Martha Smith, *The Providence (RI) Sunday Journal*

There are lots of books about breast cancer. Some are by doctors with much scientific and clinical knowledge, but little to say about the emotional aspects of cancer. Others are by patients who know what it's really like but don't express themselves particularly well. 'You don't often get this quality of writing from someone who has the disease. It is a rare gift that she has... an amazing sensitivity.' said Dr. Martin Rubinowitz of Denver.

~ *Rocky Mountain News*

The story provides insight to others — patients, their loved ones, even the doctors who treat them.

~ *Your Health*

A book that clearly can help.

~ Judith Appelbaum, *Sensible Solutions*

"The combination of journal entries and poems gives a rare glimpse of breast cancer's toll, even for survivors. Her writing is powerful, real, memorable."

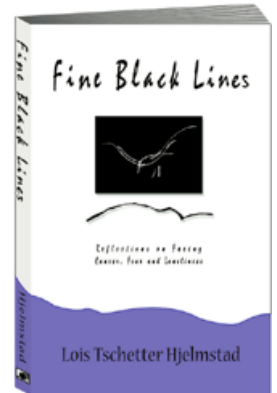
~ *Provident Book Finder*

**Fine Black Lines** has helped me understand the fears, the sense of loss, and the humanity of patients with breast cancer.

~ J. Dirk Iglehart, M.D., Duke University Medical Center, NC

Your book is absolutely wonderful. It is so good. We read a lot of breast cancer books and this is just striking. The best thing I've ever read...you've created a miracle.

~ Barbara Morton, Lincoln Cancer Center, Nebraska



**Fine Black Lines:  
Reflections on Facing  
Cancer, Fear and  
Loneliness**

by Lois Tschetter  
Hjelmstad

165 pages • 5.5 x 8.5  
ISBN: 978-0-9637139-8-8  
\$15.95 trade paperback  
Pub Date of 2nd Revised  
Edition: May 2003

Awarded 1st Place in  
Non-fiction by Colorado  
Independent Publishers  
Association in 1994 and  
received the Best Book  
Award 1996 from the  
Natural Death Centre  
in London.

Perhaps the most effective female voice on breast cancer.  
~ Julie Marr Robinson, Kent Hospital, Rhode Island

“Hjelmstad pulls no punches when she writes.”  
~ Kris Newcomer, *Chicago Tribune*

The author draws readers into her private world of pain and hope, joy and sorrow. She confronts us with our own personal fears by sharing hers — fears that often keep nurses from listening to and emotionally supporting cancer patients, Because of that, it is excellent reading for every nurse who cares for people with cancer.  
~ *Journal of Christian Nursing*

Hjelmstad here shares her candid insights — alternately hopeful, sorrowful, frightened, and grateful.  
~ *The Bloomsbury Review*

This is a book worth reading simply because the author has distilled some powerful poetry on the essence of Life — and death. That, in itself, makes **Fine Black Lines** a treasure to seek out.  
~ *Capital City Weekly* (Juneau, AK)

**Fine Black Lines** provides an intimate understanding. One is often struck, while reading, by recognition of one’s own feelings and perceptions, so aptly and beautifully stated.  
~ *Lifelines*

[**Fine Black Lines**] displays a vast power of resolution, and a wisdom that exceeds beyond the vestiges of hope.  
~ *Dusty Dog Reviews #25*

Two reviews from amazon.com:

A friend of mine presented me with this book while I was in the midst of being treated for breast cancer. It gave me what none of the other books I’d read could — validation for the wide range of emotions I was experiencing. It has proven to be the perfect comfort read when I most need it, and I still regularly refer to it. Lois put into words what I was unable to...It is a very thoughtful gift for those newly diagnosed, as well as a help to friends and family struggling to understand what the patient is feeling.  
~ C.S. from Illinois

I found **Fine Black Lines** to be the VERY BEST book or pamphlet I have read. I am an ovarian cancer survivor, not doing very well, and this book has been the most powerful of anything in the last 2.5 years. I thank the author for saying how it really feels. This book has touched me in a major way.  
~ B. W. from Missouri

### Hot Topics

Discover the Three Greatest Myths About Breast Cancer

Learn the Three Things You Can Do for Your Friend with Breast Cancer and Three Things Not to Do

Three Lessons from a Breast Cancer Experience

### Did You Know?

According to the National Cancer Institute, almost 193,000 women and over 1,900 men will be diagnosed with breast cancer in 2009.

### Radio & Television Interviews with Lois Hjelmstad include:

Rosie O’Donnell Show, NY, NY  
KRMA Ch. 6, Denver, CO  
WACU Radio, Ithaca, NY  
KCNC Ch. 4, Denver, CO  
Canada A.M., Toronto, ON  
KMGH Ch. 7, Denver, CO  
KJSL Radio, St. Louis, MO  
WFAA Ch. 8, Dallas, TX  
WILL Radio (NPR)  
Wisconsin Public Radio  
PBS Documentaries: “Living with Cancer” & “Breast Cancer Journey”

### Articles by Lois Hjelmstad have appeared in:

- *Living in Balance*, May/June 2002
- *Art.Rage.Us*, 1998
- *PARENTGUIDE*, 10/97
- LinkUp (London), Autumn 1995
- *Health Progress Magazine*, 5/95
- *Your Health*, 10/95
- *American Medical News*, 4/94
- *Administrative Radiology Journal*, 9/94
- [www.worldwideseniors.com](http://www.worldwideseniors.com)

Lois Hjelmstad was featured in *Rosie Magazine*, 10/01

A list of other reviews, mentions, and articles is available upon request.